

1. Avoid what's opposed to God (v.1)

2. Delight in and meditate on God's Word (v.2)

3. The results (vv.3-6)



QUESTIONS

ICEBREAKER: What weird quirks did you pick up from your parents?

1. To be “blessed” refers to the happiness that God-given security and prosperity produces. According to Psalm 1:1-2, what are the conditions that lead to “blessedness” [cf. Psalm 32:1-2; Psalm 40:4; and Matthew 5:3-12]?
2. Psalm 1 has been described as a “Wisdom Psalm” that boils all of life down to two opposing life directions. What are these two options, and how can you tell when you have chosen well [cf. Proverbs 1:10-19; Proverbs 4:14-19; and Luke 11:28]?
3. Why is it so hard sometimes to read the Bible [Psalm 1:2]? What are some practical steps we can take to make the Bible the primary influence in our lives [cf. Ezra 7:10; Psalm 63:5-7; and 2 Timothy 2:15]?
4. What does it look like to “delight” and “meditate” on the law of the Lord [Psalm 1:2]? Also consider Joshua 1:8; Psalm 119:9-11; and Colossians 3:16.
5. Why is the contrast between a tree and chaff a fitting illustration of the benefits of living wisely [Psalm 1:3-4]? Also consult Psalm 92:12-15; Jeremiah 17:7-8; and Matthew 7:24-27.
6. The Wisdom Literature of the Bible always takes the long view of life. What is the destiny of the wicked as compared to the destiny of the righteous [Psalm 1:5-6]? Also examine Psalm 145:20; Matthew 13:24-30, 36-43; and Matthew 25:31-46.
7. What did you find helpful or challenging about this Sunday’s message?

“The Word of God I think of as a straight edge, which shows up our own crookedness. We can’t really tell how crooked our thinking is until we line it up with the straight edge of Scripture.” (Elisabeth Elliot)